4: Schram M-5 (1911-1922) 1957 AE9 Monguor AE9

he honored, and the rites he performed. It will afford an opportunity to study a shamanism influenced by Taoism, honoring Taoist gods, but conserving its original character and living congenially with Taoism. The suppleness of shamanism which, according to the circumstances, adapts itself as well to Lamaism as to Taoism, adopting heterodox doctrines and honoring alien gods,[1] challenges belief. However, it discloses the power of which it disposes, conserving its original rites which betray its origin and basic character. It is interesting to note how rites resist the wear of time better than doctrines.

The facts were all gathered during the ten years I lived among the Monguors, and were checked many times by shamans, chiefs and elders of villages, men and women, and children in the schools, all of whom had attended shamanist rites their whole life long. I attended their rites several times. Since I was best acquainted with the rites of the region situated north of the Hsining River, most of the facts concern that region.

The Mongols call the shamans *BŐ*, the Monguors call them *BŐ*, on account of the lack of the vowel Ö in their dialect. *BŐ* and *BŐ* seem to be a genuine Mongol term. The Chinese of Huang-chung call them *Fa-Shih*, "Master of Magic."

It is not easy to give a definition of shamanism and of shamans who live in a world beset with innumerable good and evil spirits with which the objective of their life is to deal.

The study of shamanism is still very confused, and authors are even unable to find a definition with which they will all agree. W. Schmidt defines the shaman as "a man who is supposed to have the power of making his own person a dwelling place for the spirits, who will speak out of him, but he keeps the power to dominate those spirits and to subdue them to his own will and wishes."[2]

Mircea Eliade, describing the shamanism of Asia, stresses primarily the phenomena of ecstasies and of trance, by means of which the shamans enter in communication with all kinds of spirits—originally with the Supreme Spirit of Heaven, who corresponds morphologically with the Supreme Spirits of the archaic religions—and with the souls of ancestors and the departed. This communication with spirits, residing in the three worlds (heaven, earth, underworld) is symbolized by ascensions to heaven of the shaman or descents into the underworld, the calling down of spirits along the rope or the ladder. The basic element of shamanism consists not of the incorporation of spirits

[1] Walter Heissig, Schamanen und Geisterbeschwörer im Küriye-Banner, *Folklore Studies*, Catholic University of Peking, 3: 1, 1944. This very interesting study reveals the way shamanism adapted itself to Lamaism.

[2] W. Schmidt, *Der Ursprung der Gottesidee*, Freiburg in der Schweiz, Paulus Verlag, 9: 243, 1949.

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